

#### Introduction

The Polynesian Explorer Overnight Program was established to teach school children about people of Polynesia. The students learn by participating in a variety of hands-on activities. The program is topped off with an overnight stay in one of the cultural villages existing within the Polynesian Cultural Center.

### Groups

The Polynesian Explorer Overnight Program is open to school groups with children in **Grades 3-5**. **We require a minimum 1 adult, for every 5 children.** The Polynesian Cultural Center reserves the right to change the required number of adults based on special needs, circumstances, or requests. If your organization or company has stricter requirements, you should abide by your organization's rules.

### Chaperones

Adult group members of the same gender as children must be present during the overnight stay for supervision. Chaperones that come to the overnight program are required to assist the Polynesian Cultural Center staff in administering the various activities, as well as provide supervision and night watch, during the hours while the children are asleep. **During the night, Chaperones will be assigned 2-3 hour shifts.** 

#### Cost

The cost for this program is \$45 per person.

#### Program Dates and Availability

The Overnight Program will be available on the following dates in the Spring of 2010 March 4, 11, 25

April 1, 8, 15, 22, 29

May 6, 20



### **Booking and Scheduling**

Required Paperwork:

- 1. Sales Agreement
- **2. Certificate of Insurance** (Giving the Polynesian Cultural Center additionally named insured status.
- 3. Hold Harmless Agreement
- 4. Chaperone Agreement

#### Activities

The Polynesian Cultural Center will provide the following experience for your group:

### 1. Welcome Ceremony

a. Students and Chaperones participate in a traditional welcome ceremony, in which the Maori Islanders of the Polynesian Cultural Center welcome them into their village, and teach them of the area in which they will be spending the night.

### 2. Daily Life in Polynesia:

- a. *Polynesian Cooking Methods*: Students are taught to make bread and learn how it is cooked in the underground oven which is known throughout Polynesia as "imu," "umu," or "hangi."
- b. *The Legend of Fire*: Students are introduced to the legend of fire and learn the Polynesian method of making fire by rubbing sticks.
- c. *Singing and Dancing*: Students participate in a well-known tradition as our islanders teach them to sing and dance to a folk song from the islands of Tahiti

### 3. Polynesian Migration and Navigation:

a. **Migration:** Where Did the Polynesians Come From? Students participate in an introductory lecture in which they learn the about the vast Pacific Ocean and learn the migration patterns of the people of Polynesia.



- b. **Navigation:** *How did the Polynesians Travel?* Students participate in 3 activities that help them understand how the Polynesians were able to travel the Pacific Ocean
  - i. Voyaging Canoe: Students take a tour of an actual sailing vessel.
  - ii. **Knot-Tying:** Students learn the art of knot-tying, and its significance in long voyages overseas.
  - iii. The Star-Compass and Ancient Way-Finding Techniques: Students learn ancient way-finding methods that Polynesians used to navigate the vast Pacific Ocean by day and by night.
- c. **Canoe Ride:** Students board a double-hulled canoe and enjoy a canoe ride through Polynesia.

### 4. Story-Telling:

a. Students experience a tradition of days past as they listen to the stories of Polynesia.

### 5. Aerobic Activity:

**a.** Students participate in aerobic activities that test their strength, agility, and hand-eye coordination.

### 6. Closing Activity:

- **a.** *Review*: Students take time to review and reflect on all the activities and values that they learned throughout their experience.
- **b.** *Closing Ceremony*: Students participate in a traditional closing ceremony, as they say good-bye to the islanders who welcomed them to the Polynesian Cultural Center.

### Materials

Students are given a workbook to assist them in their learning experience here at the Polynesian Cultural Center. The workbook is the students to keep and take with them when they leave.



#### Meals

The Polynesian Cultural Center will provide your students with a "before-bed-time" snack, as well as an island-style breakfast. Dinner is not included with the program cost, but can be added on for an additional fee. Please inquire for special rates on our dinner packages.

#### Rules

- 1. No running or horseplay of any kind while on the grounds of the Polynesian Cultural Center.
- 2. Shoes/slippers and shirts must be worn at all times. No swimsuits, please.
- 3. Schools are required to provide adequate supervision of all students.
- 4. Each chaperone is required to provide at least 2 hours of supervision during the hours of 10pm-6am, while students are sleeping.
- 5. Each chaperone is required to assist students with each activity and to provide supervision of students while at the Polynesian Cultural Center.
- 6. No Polynesian Cultural Center personnel is allowed individual or one-on-one contact with any students and/or chaperones participating in the Overnight Program.

### Contraband Items

- 1. Alcoholic beverages and illegal substances
- 2. Firearms, knifes, and weapons of any kind.
- 3. Pets or animals.
- 4. Smoking is only allowed for adults, and only in designated areas.

### Emergency Phone Numbers

- 1. Polynesian Cultural Center, Security Office: #(808) 293-3111
- 2. Police/Ambulance/Fire/Rescue: #911

\*\*\*For any parents or guardians that need to get in touch with an Overnight participant, please call our Security office at #(808) 293-3111.\*\*\*



# **Trip Planning**

What to Bring

- 1. Sleeping Bag, Pillow
- 2. Personal Toiletries
- 3. Flashlight
- 4. Water Bottle
- 5. Camera

# What not to Bring

1. Electronic Devices (cellular phones, ipods, mp3 players). Adults may bring cellular phones, but are encouraged not to use them around the students